



We all like to have friends, and family to be with. Sometimes we are with lots of people and other times we are all alone. It's nice to have time alone, but it can be lonely.

Have a look at the images below, think about your week and who you see during each week? Talk with the group about when you feel like the silhouettes.

Did you realise that with God you are never alone... he is always with you, and you can always talk to him

